

कार्यालय प्राचार्य, शासकीय ग्राम्य भारतीमहाविद्यालय
हरदीबाजार, जिला-कोरवा (छ.ग.)

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हरदीबाजार, दिनांक

Report on best practices : Health awareness & Green Campus

The NSS cell and youth Red Cross Society organizes health camps ,blood test and blood donation ,yoga related activities .

S.N.	ACTIVITY/ PLACE	Date/Year	Agency/Collaborations	Outcome
1	Health campus (Andikachhar)	17/11/2016	NSS/YRC/SECL Hospital of South Eastern coalfields Ltd Dipka Area	Treatment of 294 patients with free medicines
2	Health campus (Mangamar)	04/11/2017	NSS/YRC/SECL	Treatment of 68 patients with free medicines
3	Health campus (Pattarri)	09/12/2018	NSS/YRC/SECL	Treatment of 172 patients with free medicines
4	Health campus (Chorha)	29/11-2019	NSS/YRC/SECL	Treatment of 171 patients with free medicines
5	Blood Donatlon	2015 To 2020	SECL Hospital NCH HOSPITAL APPOLO HOSPITAL	Units Not Counted Certificated With Photos Enclosed.



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6	Yoga session	2015 To 2020 Yoga day	Govt. Gramya Bharti College Hardibazar	2016-43 students 2017-101 2018-39 2019-21 2020-online - 27
7	Plantation	5 June World Environment Day 2015 to 2020	Govt. Gramya Bharti College Hardibazar Campus	2016-78 2017-98 2018-117 2019-80 2020 -Nil
8	Aids awareness	1 st December 2016,2017,201 8,2019,	Govt. Gramya Bharti College Hardibazar	2016-86 2017-51 2018-70 2019-111 2020 - online
9	Cleanliness Drive	25/08/2016 14/09/2017 25/08/2018 16/09/2019	NSS Unit Clean Campus /Green Campus Committee.	95 Students 81 Students 103 Students 69 Students



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Best Practice I:

1. Title of Practice : Health Awareness

2. Context - Good health is essential for good performance in studies. Students who take the time and effort to invest in their physical and emotional health, are more likely to reach their personal and academic potential, Educational institutes play an important role in providing health awareness.

3. Objective of the practice :- To provide health awareness among the students through health related activities in the college .

4. The Practice: The NSS and Youth Red Cross unit of the college conduct health related activities regularly in campus. The medical specialists of Primary Health Centre, NCH Hospital Gevra and Dipika Dispensary organize medical health check-up in collaboration with the NSS unit and Red cross unit of the college. Test of Haemoglobin gm% value to assess prevalence and stage of anaemia in students is conducted in the college through medical experts. The NSS also organizes health check-up camps during 7 days village camps. The haematological parameters are estimated in the camp. Health related activities are also organized on the campus and adopted village by the NSS. Blood donation camp, pulse polio programmes, Blood group testing, Anti Covid programme, drive for Covid vaccination, lectures on health issues are also organized by the NSS unit of the college .

Aids Awareness programmes are organized by the Youth Red Cross Society of the college. Yoga related activities are organized by the NSS unit and Sports Department. Recently a sanitary Napkin Vending machine has been installed in the girls common room.

5. Evidence of Success:-

Many students ,villagers , school students, teachers and employees are benefitted by gaining prevention and remedy related knowledge, The participation of large number of students in such programmes shows the success of our efforts.

6. Problems encountered and Resources Required:

The health awareness programmes are mostly organized by the NSS unit and Red Cross Unit which face scarcity of funds. Students and villagers do not willingly participate in these programmes. They feel hesitation in discussing health related issues freely. It is also not easy to organize frequent health check-up programmes due to tight academic schedule of the college.

Best Practice II:

1. Title of the Practice: GREEN CAMPUS CLEAN CAMPUS

2. Objectives of the Practice

- To make the students aware about ecosystem and proper balance.


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- To ensure proper land use, water management and protection of natural resources.
- To provide renewable energy resources.

3. The Context :-

It is very important for an institutions of higher education to sensitize our present generation towards adopting environment friendly practices. The students should know about global warming, plastic hazards, and various types of pollution. The college tries to maintain pollution free environment in the campus by plantation drives, water preservation and cleanliness drives.

4. The Practice :-

The college gives great importance to the green environment and makes constant efforts to keep the campus clean. This is one of the best green campuses of the state. The measures taken by the college are :-

- The department of Botany maintains herbal garden in the campus.
- The college organizes the plantation drive by students and staff each year. The NSS volunteers lead this drive of plantation.
- The Green Campus Clean Campus Committee also helps in plantation and cleanliness drive organized by the NSS unit.
- All garden waste is used for making compost, which is used as fertilizer for plants in the campus.
- Regular cleaning campus is done by the NSS volunteers, teachers and employees.
- Campaigns are organized for discouraging the use of polythene in premises of the college and society.
- Several campaigns by Eco-club and NSS for creating awareness through social media are conducted. NSS volunteers interact with public to generate consciousness about the responsible use of natural resources.
- The college has about 500 trees of various varieties on campus that balance ecosystem of the surrounding area.
- A 5 kg solar power plant has been installed in the college and has been operational since July 2020-21. Since the installation of this plant, the college has not only been saving expenditure on electricity but also effectively reducing the use of non-renewable resources.
- The college has rainwater harvesting system to recharge rainwater from rooftops and ground.

5. Evidence of Success: - The campus of the college is known as one of the best green and clean campuses in the region. The college owns a unique garden behind the campus spread over an area of 25 acres. It includes, mango, orange, cashewnet, lemon, jack fruit, mulberry, lichi, guava, teak, arjun and other Botanical plants. The college has also flower plants of different varieties in about 300 pots.

6. Problems Encountered and Resources Required: The boundary wall of the garden has been broken by the villagers. The cattles trespass the garden and damage the greenery. The building of the college has come in coal mining area. New construction is banned by the government. There is lack of underground water due to deep coal mining just 500 metres away from the campus. There is also lack of resources in college to appoint a gardener.



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